



3 1176 00159 5983

NASA CONTRACTOR REPORT 166312

NASA-CR-166312
19820015012

Application of Guided Inquiry System Technique (GIST)
to Controlled Ecological Life Support Systems (CELSS)

Henry Aroeste

LIBRARY COPY

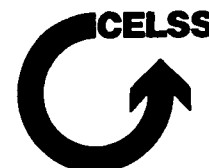
APR 14 1982

LANGLEY RESEARCH CENTER
LIBRARY, NASA
HAMPTON, VIRGINIA

NASA Purchase Orders A82705B & A89697B
January 1982



NF02309



NASA CONTRACTOR REPORT 166312

**Application of Guided Inquiry System Technique (GIST)
to Controlled Ecological Life Support Systems (CELSS)**

**Henry Aroeste
ACCORD
28254 Radcliffe Lane
Los Altos Hills, CA 94022**

**Prepared for
Ames Research Center
under Purchase Orders A82705B & A89697B**

NASA

National Aeronautics and
Space Administration

Ames Research Center

Moffett Field, California 94035



CONTENTS

I. INQUIRY METHODOLOGY

A. GENERAL DESCRIPTION	1
B. PANEL INTERVIEWS	2
C. PROGRAMMED INTERACTION	2
D. PANELIST PERSONALITIES; ROLE OF THE FACILITATOR	3
E. INFORMATION RETRIEVAL	3

II. HIGHER PLANTS IN CELSS

A. PANEL	4
B. HIERARCHICAL OUTLINE	4
C. IDEAS/RECOMMENDATIONS	6
D. INFORMATION RETRIEVAL	9

III. NUTRITION AND FOOD PROCESSING FOR CELSS

A. PANEL	13
B. HIERARCHICAL OUTLINE	13
C. IDEAS/RECOMMENDATIONS	13
D. INFORMATION RETRIEVAL	17

1. *Chlorophyll a* (Chl *a*)

1. *Journal of the American Medical Association*, 1997; 278: 1039-1044.

[illegible]

I. INQUIRY METHODOLOGY

A. GENERAL DESCRIPTION

The Guided Inquiry System Technique (GIST) is a tested synthesis of three submethodologies long in use. These are a) analytical outlining (relevance tree) in hierarchical form of significant problem aspects, b) brainstorming using relational terms, here provided in systematic individualized programming, and c) the Delphi format wherein individuals on a panel are separately interviewed in an iterative roundrobin.

During the GIST process the collection of relational terms becomes progressively more extensive. The hierarchical system of key terms converges to a detailed "final" form which serves as a graphic representation of the state-of-the-art both with respect to substance and methodology. Any prior gaps in research program orientation should show up in the hierarchy during the process and may then be repaired.

Because of the integration of the "brainstorming" sub-technique, GIST is more thorough, more productive of better ideas, and thus gives better results than inquiry systems previously available. The GIST methodology is applicable in all arenas where a complex problem is faced, and many different viewpoints are to be integrated satisfactorily.

B. PANEL INTERVIEWS

A panel of experts is interviewed by means of a modified Delphi technique. Each panelist is interviewed individually in succession a total of three times. Each session consists of approximately one hour and a half of programmed interaction wherein the panelist is not only asked to use his analytical abilities in organizing and criticising a hierarchical system but also to respond as well to associative brainstorming. The inclusion of the associative aspect has been shown to be an improvement over the standard Delphi technique which has been criticised as leading only to a superficial consensus.

C. PROGRAMMED INTERACTION

The panelist is asked to respond to the hierarchy by means of a series of programmed consideration units. These units consist either of a single hierarchical rubric (term) or the association of two hierarchical rubrics. In either case the modality of time and/or complexity is introduced by asking the panelist to respond briefly or at length, as well as sometimes presenting him with ancillary material such as related key words or references. Other modalities such as priority or preference may also be introduced. The purpose of the programmed interaction is to present to the panelist an accelerated mind simulation regarding the problem at hand. In this connection, it should be noted that routinely asking for the association of the various rubrics in a "brute force" orderly fashion is neither simulative nor stimulative.

D. PANELIST PERSONALITIES; ROLE OF THE FACILITATOR

Indeed, a few panelists tire even of the simulative program in less than the assigned time, while some would be happy to continue indefinitely. The panelist's attitude cannot usually be predicted in advance, and it is the facilitator's (interviewer's) responsibility to attempt to smooth over as best he can any difficult situations. Generally, an initial statement may be useful regarding the type of response sought, i. e., letting the mind go flexible without untoward criticism at an early stage. Especially, if references are employed as associative aids, it should be made clear that they are neither narrowly chosen nor exhaustive but are presented in order to draw the panelist out toward a broader outlook and into a perhaps curious interrelationship which when properly evaluated may later lead to a substantial innovation. The facilitator himself may at a later stage, on reviewing the assorted responses, note a missed associative connection and may report same. He then acts as a quasi-panelist and, of course, during the actual session is not prevented from presenting a suggestive association after the panelist's initial response or after a lack of response.

E. INFORMATION RETRIEVAL

In addition to panel interaction, two sessions of computerized information retrieval through the Lockheed DIALOG system are interspersed between the three rounds of panel interviews. The chosen DIALOG data base represents the world mind outside the collective panelist mind and is a check therefore

on the panel's deliberations. Generally, the prospect of projected information retrieval tends to make the initial panel interviews more concrete than they would be otherwise, and the actuality of retrieved information in the further rounds also aids in this respect. Similarly, the process of information retrieval is assisted through the consultation of panel members.

II. HIGHER PLANTS IN CELSS

A. PANEL

Panel members were Olle Bjorkman, Carnegie Institution; Cary Mitchell, Purdue University; David Raper, North Carolina State University; Frank B. Salisbury, Utah State University; and Leonard P. Zill, NASA Ames Research Center. Ray Huffaker, University of California at Davis, substituted for Olle Bjorkman at the second of three scheduled sessions. All interviews were conducted by telephone except for those with Bjorkman and Zill, which were conducted in person. David Raper's second session was also conducted in person.

B. HIERARCHICAL OUTLINE

The outline (Figure 1) presented herein was the sixth modification of the original outline used at the inception of the panel interviews. Consensus as to the rubrics (terms) of the outline was reached largely by the end of the second round of interviews. Only minor changes occurred thereafter. As rated by the panelists, the rubrics toward the top of the outline or within any section therein are generally more important than lower rubrics; or if rated of approximately equal importance, then the higher of the rubrics are deemed to have earlier priority. There was general consensus at least through the single-decimal rubrics; however, many of the ratings for the double-decimal rubrics remained unresolved.

Higher Plants in CELSS	1. Plant	1.1 Physiological	1.11 Photosynthesis
			1.12 Biosynthesis
			1.13 Respiration
			1.14 Transport
	1.2 Developmental		1.21 Vegetative Growth
			1.22 Reproductive Growth
			1.23 Germination
			1.24 Turnover Rate
	1.3 Species Selection		1.31 Human Nutrition
			1.32 Productivity
			1.33 Partitioning Ratio
			1.34 Antagonisms
	1.4 Size		1.41 Leaf Area Index
			1.42 Shoot Length
			1.43 Canopy Density
			1.44 Root Density
	2. Input	2.1 Energy	2.11 Radiation Level
			2.12 Radiation Quality
			2.13 Daylength
			2.14 Temperature
	2.2 Nutrients		2.21 Carbon
			2.22 Nitrogen
			2.23 Other Macronutrients
			2.24 Micronutrients
	2.3 Atmosphere, Gravity		2.31 Composition
			2.32 Wind
			2.33 Pressure
			2.34 Weightlessness
	2.4 Water		2.41 Humidity
			2.42 Quality
			2.43 Plant Water Status
			2.44 Nutrient Water Status
	3. Output	3.1 Food	3.11 Nutrition Requirements (See 1.31)
			3.12 Safety, Reliability
			3.13 Acceptability
			3.14 Stability
	3.2 Air		3.21 Oxygen
			3.22 Carbon Dioxide
			3.23 Common Pollutants
			3.24 Volatiles
	3.3 Solid Waste		3.31 Wet Oxidation
			3.32 Pyrolysis
			3.33 Biological Oxidation
			3.34 Mineralization
	3.4 Liquid Waste		3.41 Transpiration
			3.42 Water Reclamation
			3.43 Mineralization
			3.44 Evaporation
4. System	4.1 Goals		4.11 Knowledge: Long, Manned Missions
			4.12 Knowledge: Stable, Autonomous Systems
			4.13 Development
			4.14 Mission
	4.2 Control		4.21 Characterization
			4.22 Strategy
			4.23 Measurement
			4.24 Safety, Reliability
	4.3 Integration		4.31 Compatibility
			4.32 Compartmentation
			4.33 Constraints
			4.34 Implementation
	4.4 Management		4.41 Communication
			4.42 Planning
			4.43 Coordination
			4.44 Control

Figure 1. Hierarchy for Higher Plants in CELSS

C. IDEAS/RECOMMENDATIONS

Because of panel limitations regarding knowledge of Output and System, the suggestions noted herein are largely restricted to the first two grand sets of the outline, i.e., Plant, and Input.

- 1) Morphogenesis may be helpful to develop plants appropriate to CELSS; the use of chemical, perhaps also mechanical, regulators is recommended.
- 2) Compartmentation may be necessary between plants and humans, as well as between plant species.
- 3) Senescing plant parts should be removed to increase productivity.
- 4) Micronutrient toxicities may affect plant growth.
- 5) Air velocity is a complex factor requiring study (air composition, vibration, cooling).
- 6) There is a possibility of "rain" because of the large amount of transpiration.
- 7) Interviews with actual vegetarians, especially vegans, may be helpful.
- 8) Plants are much less fussy than humans regarding water quality.
- 9) It is beneficial to decrease shoot length and increase leaf area index; many crops have been developed through genotypes appropriately chosen.
- 10) Gamma-ray radiation in space should be considered.
- 11) Plants are subject to auto-intoxication through root discharges.
- 12) The development of long, spindly stems may be a problem in weightlessness.
- 13) Air velocity strengthens the stem and provides gas exchange for the leaf.
- 14) Respiration is a limiting factor at "night".
- 15) Experts knowledgeable for specific crops should be consulted regarding both productivity and nutritional value.

- 16) Root temperature may be a critical factor (water utilization).
- 17) Natural conversion to nitrites may be dangerous.
- 18) Systems can probably be designed to compensate for weightlessness.
- 19) Osmolality of nutrient solutions should be monitored.
- 20) Further research is required regarding leaf area index with respect to saturation and optimization.
- 21) High light levels are recommended until temperature causes damage (varies with species).
- 22) Humidity should not be either too high or too low: small leaves will result; a ballpark figure is 70%.
- 23) Plants in C_3 and C_4 categories should be separated because higher temperatures and light levels are better for C_4 plants; also, if C_3 and C_4 plants are in the same enclosure, the C_4 plants scavenge carbon dioxide, and the C_3 plants die.
- 24) Both carbon dioxide level and light level have to be increased together to affect photosynthesis optimally.
- 25) Temperature of plant tissue should also be measured.
- 26) It may be necessary for plant volatiles to be scrubbed out in order to increase growth.
- 27) There is need for consideration regarding pollination: are only self-pollenating plants to be chosen? Wind? Bees?
- 28) A mixture of lamps will be required to obtain all necessary wavelengths.
- 29) Too high a leaf area index or canopy density may cause productivity and also nutritional value to decrease.
- 30) Pressure reduction may be interesting: maintaining carbon dioxide level and lowering oxygen pressure enhances outgassing of volatiles; also, there would be less leakage through the vehicle hull.

- 31) Productivity should be kept in perspective: merely increasing primary productivity may not be appropriate; increasing secondary productivity of traditional plants may be more significant with food technology as currently practiced or extrapolated; probably, both outlooks in combination may be most appropriate until the future decides.
- 32) Biosynthesis is key for nutritional value.
- 33) Weightlessness may be critical; suggest using centrifugal force.
- 34) Plant interactions broader than antagonisms should be considered (competition, mutualism).
- 35) Root density may be a limiting factor, after other more obvious factors are optimized.
- 36) Optimize macronutrient balances for each species.
- 37) If daylength is too high, stem elongation may be too much increased.
- 38) It is suggested that the outline rubrics relating to size may not be appropriate to CELSS; an index based on bulk volume may be more useful.
- 39) Radiation quality may serve as a controller of productivity.
- 40) The ability of plants to tolerate ammonium (ammonia) should be a subject of investigation.
- 41) Does presence of another plant affect germination? The area around a walnut tree is an example of negative effect.
- 42) Lack of wind leads to tall, spindly plants; wind promotes lignin production useful to strength.

D. INFORMATION RETRIEVAL

The strategy for information retrieval is given in the following printout labelled RECALL 5032. In this strategy the symbol, # is SELECT; the notation, ? ? is used so as to yield plurals as well as singulars; (W) signifies that words to the left and right of (W) appear in text as stated; S is for set; and the symbol, * is AND. Sets 1-13 are preliminary reference sets for which no citations are intended to be obtained. Table 1 gives the detailed relationship between the remaining sets and the hierarchical rubrics.

The strategy has been applied to AGRICOLA Lockheed DIALOG files 10 and 110. The results have been presented on magnetic tape and are also available in typed printout. The same strategy has been applied to BIOSIS Lockheed DIALOG files 5 and 55, as well as to CAB ABSTRACTS Lockheed DIALOG file 50. These latter are available only in typed printout. A sample page of citations in file 110 follows the strategy printout.

Table 1

HIERARCHICAL REERICS/INFORMATION RETRIEVAL SETS

<u>Rubric</u>	<u>Set</u>	<u>Rubric</u>	<u>Set</u>	<u>Rubric*</u>	<u>Set</u>
1.11	14	2.11	30	3.1	47
1.12	15	2.12	31	3.2	48
1.13	16	2.13	32	3.3	49, 50
1.14	17	2.14	33	3.4	49, 51
1.21	18	2.21	34	4	52- 55
1.22	19	2.22	35		
1.23	20	2.23	36		
1.24	21	2.24	37		
1.31	22	2.31	38, 39		
1.32	23	2.32	40		
1.33	24	2.33	41		
1.34	25	2.34	42		
1.41	26	2.41	43		
1.42	27	2.42	44		
1.43	28	2.43	45		
1.44	29	2.44	46		

*Rubrics 3 and 4 are not fully detailed because of panel limitations.


```

.RECALL 5032
Line Set Command
 1 1 # PLANT? ?
 2 2 # PHYSIOLOGICAL
 3 3 # CROP? ?
 4 4 # RADIATION
 5 5 #NUTRIENT? ?
 6 6 # SUBSTRATE? ?
 7 7 # CARBON(W)DIOXIDE
 8 8 # AIR
 9 9 # POLLUTANT? ?
10 10 # FOOD(W)PRODUCTION
11 11 # ATMOSPHERE? ?
12 12 # SYSTEM? ?
13 13 # HUMAN(W)NUTRITION
14 14 # S1*S2*PHOTOSYNTHESIS
15 15 # S1*S2*BIOSYNTHESIS
16 16 # S1*S2*RESPIRATION
17 17 # S1*S2*TRANSPORT
18 18 # S3*VEGETATIVE(W)GROWTH
19 19 # S1*REPRODUCTIVE(W)GROWTH
20 20 # S1*GERMINATION*MATURATION
21 21 # S1*TURNOVER(W)RATE? ?
22 22 # S3*S13*SPECIES
23 23 # S1*PRODUCTIVITY*SPECIES
24 24 # PARTITIONING*RATIO? ?
25 25 # S3*ANTAGONISM? ?
26 26 # S1*LEAF(W)AREA(W)INDEX
27 27 # SHOOT(W)LENGTH
28 28 # CANOPY(W)DENSITY
29 29 # ROOT(W)DENSITY
30 30 # S1*S4*LEVEL? ?
31 31 # S1*S4*QUALITY
32 32 # S3*DAYLENGTH? ?
33 33 # S1*S4*TEMPERATURE
34 34 # S1*S5*CARBON
35 35 # S3*S5*NITRATE? ?
36 36 # S1*MACRONUTRIENT? ?
37 37 # S6*MICRONUTRIENT? ?
38 38 # S1*S7*S11
39 39 # S1*S8*OXYGEN
40 40 # S1*S8*WIND? ?
41 41 # S1*S8*PRESSURE
42 42 # S1*WEIGHTLESSNESS
43 43 # S1*WATER*HUMIDITY
44 44 # S1*S9*WATER(W)QUALITY
45 45 # WATER(W)STATUS *S1 *WATER(W)
      POTENTIAL

```

-more-

? P

```

Line Set Command
46 46 # S5*WATER(W)STATUS
47 47 # S1*S3*S10
48 48 # S1*S3*S11
49 49 # S3*WASTE(W)MANAGEMENT
50 50 # S3*SOLID(W)WASTE
51 51 # S3*LIQUID(W)WASTE
52 52 # S1*SPACE(W)BIOLOGY
53 53 # S3*S12*ECOLOG
54 54 # S3*S12*MANAGEMENT*CONTROL? ?
55 55 # CLOSED*ECOSYSTEM? ?

```

?

30/3/9

992741 442.8 Z6 ID No: 75-9070519

On the biological effect of an increased ionizing level of radiation and the processes of radioadaptation in populations of herbaceous plants

Cherezhanova, L V; Aleksakhin, R M

Zh Obshch Biol 36 (2): 303-311. Ref. Eng. sum. Mar/Apr 1975

31/3/1

601464 80 H7892 ID No: 72-9074915

Effects of radiation, day-length and temperature on plant growth and quality: a preliminary report

Hardh, J E; Hardh, K

Hort Res 12 (1): 25-42. Ref: May 1972

31/3/2

154160 22.5 C88 ID No: 70-9055967

Studies on dry matter production of soybean plant. VI. Changes in spectral composition of solar radiation penetrating through leaf canopy and photosynthetic rate of single leaf as affected by light quality

Kumura, A

Crop Sci Soc Japan Proc 38 (3): 408-418. Sept 1969

31/3/3

124260 470 C16C ID No: 70-9024651

The quality of short-wave radiation within plant canopies

Daynard, T B

Can J Bot 47 (12): 1989-1994. Dec 1969

? T 32/3/1-2; T 33/3/1-8; T 34/3/1-8

32/3/1

1163590 104 D41A ID No: 76-9094511

Senility problem in the greenhouse cucumber (*Cucumis sativus*) crop: effect of daylength on yield and content of abscisic acid-like growth inhibitors

Bredmose, N; Andersen, A S

Arsskr K Vet Landbohøjsk p. 31-44. Ref. 1975

32/3/2

695718 442.8 B5264 ID No: 73-9153798

Changes in photosynthetic products of crop plants under different cultivation condition conditions by ¹⁴CO₂ carbon dioxide. assimilation of barley plant grown at different daylength and nutrition

Shiomi, N; Hori, S

Biol Sci 24 (3): 144-150. Ref. Dec 1972

33/3/1

1466146 80 AC82 ID No: 78-9108553

The aromatic compounds of spice plants in Nordic environment. Temperature, day length, radiation.

Hardh, J E

Acta Hortic 73: 269-271. May 1978

33/3/2

1143167 451 B775 ID No: 76-9076454

Soil reflection coefficient and its consequences for soil temperature and plant growth. Radiation balance.

Watts, W R

Symp Br Ecol Soc 16th: 409-421. Ref. 1974 (pub. 1975)

33/3/3

850297 60.9 J27 ID No: 74-9050772

Dry matter production of forage plants. XII. Influence of air temperature and radiation on the seasonal dry matter production of orchardgrass (*Dactylis glomerata*, sward in Japan

Kuhota, F; Adachi, W; Kamata, F

III. NUTRITION AND FOOD PROCESSING FOR CELSS

A. PANEL

Panel members were Peter Clark, Epstein Process Engineering, Inc.; Sanford Miller, Bureau of Foods, FDA; Howard Moskowitz, Moskowitz/Jacobs Inc.; and Vernon Young, Massachusetts Institute of Technology. All interviews were conducted by telephone.

B. HIERARCHICAL OUTLINE

Consensus as to the rubrics (terms) of the outline (Figure 2) was reached by the end of the second round of interviews. The rubrics toward the top of the outline or within any section therein are generally more important than lower rubrics; or if rated of approximately equal importance, then the higher of the rubrics are deemed to have earlier priority. Numbers in parenthesis in Figure 2 refer to information retrieval sets as discussed in Section III.D.

C. IDEAS/RECOMMENDATIONS

- 1) Imbalances must be carefully monitored; for example, too much zinc may cause reduced copper absorption; too much calcium may reduce zinc or magnesium absorption.
- 2) Largely unknown nutritional factors related to space are stress, long term, zero gravity effects on human physiology, metabolism.
- 3) Possible space conversion problems stem from zero gravity, compactness, resupply, repair, remoteness.
- 4) Zero gravity may have effects on lipid metabolism, calcium absorption (bone mineral density).
- 5) Combinations of various genetically designed plants or of designed and conventional plants may prove useful, whereas single designed plants may not be.
- 6) Synthesis from human waste products may yield a nonspecific nitrogen source.
- 7) Monotony (lack of food variety) may be a long-term space problem.
- 8) Use of unconventional foods requires consideration, as they often lead genetically to curious physiological reactions.
- 9) The unconventional plants have a better chance of utilization in space before other unconventional foods.
- 10) Unconventional foods must meet nutrition and acceptance standards.
- 11) Most so-called unconventional plants may not be considered unconventional in certain societies.

Nutrition and Food Processing for CELSS	1. Nutrition Requirements	1.1 Energy Sources	1.11 Simple Carbohydrates (17) 1.12 Complex Carbohydrates (18) 1.13 Triglycerides (19) 1.14 Other (20)
		1.2 Organic Nutrients	1.21 Essential Amino and Fatty Acids (21, 22) 1.22 Nonspecific Nitrogen Sources (23) 1.23 Fat Soluble Vitamins (24) 1.24 Water Soluble Vitamins (25)
		1.3 Inorganic Nutrients	1.31 Electrolytes (26) 1.32 Macrominerals (27) 1.33 Trace Minerals (28) 1.34 Water (29)
		1.4 Nutritional Values	1.41 Bioavailability (30) 1.42 Protein Quality (31) 1.43 Nutrient Interactions (32) 1.44 Other (33)
		2.1 Physical Sensory Properties	2.11 Taste (34) 2.12 Smell (35) 2.13 Texture (36) 2.14 Appearance (37)
	2. Acceptance	2.2 Food Habits	2.21 Consumption Patterns (38) 2.22 Time Preference (39) 2.23 Food Combinations (40) 2.24 Measurement Methods (41)
		2.3 Dietary History	2.31 Cultural Background (42) 2.32 Eating Style (43) 2.33 Idiosyncratic Cravings (44) 2.34 Idiosyncratic Reactions (45)
		2.4 Physiological/ Nutritional Needs	2.41 Hunger (46) 2.42 Dietary Requirements (47) 2.43 Illness Impacts (48) 2.44 Thirst (49)
		3.1 Plants	3.11 Legumes (50) 3.12 Seeds, Nuts (51) 3.13 Grasses, Leaves (52) 3.14 Tubers, Roots (53)
		3.2 Micro- organisms	3.21 Bacteria (54) 3.22 Fungi (55) 3.23 Algae (56) 3.24 Yeasts (57)
	3. Unconventional Foods	3.3 Chemical Synthesis	3.31 Carbohydrates/Energy Sources (58) 3.32 Fats, Fatty Acids (59) 3.33 Amino Acids (60) 3.34 Polypeptides (61)
		3.4 Miscellaneous	3.41 Animals (62) 3.42 Genetic Engineering (63) 3.43 Tissue Cultures (64) 3.44 Screening Factors (65)
	4. Space Technology Conversion	4.1 Separation	4.11 Size (66) 4.12 Density (67) 4.13 Quality (68) 4.14 Moisture Content (69)
		4.2 Refining	4.21 Extraction (70) 4.22 Sterilization (71) 4.23 Dehydration (72) 4.24 Clarification (73)
		4.3 Fabrication	4.31 Mixing (74) 4.32 Shaping (75) 4.33 Portioning (76) 4.34 Assembly (77)
		4.4 Conversion	4.41 Cooking (78) 4.42 Cooling (79) 4.43 Hydrolysis (80) 4.44 Biological (81)

Figure 2. Hierarchy for CELSS Nutrition and Food Processing

- 12) Cultural backgrounds of space personnel should not be too different.
- 13) Unconventional foods should be considered from a cost-benefit ratio viewpoint.
- 14) Supplements will probably be necessary; recommend balance of natural and artificial foods.
- 15) Common foods such as bread require efficient production in space.
- 16) Stress may lead to electrolyte imbalances which in turn affect taste.
- 17) Different consumption patterns in space require study.
- 18) Astronauts may be less conventional if highly motivated, but beware of long term; in general, people are risk averse and favor traditional foods.
- 19) Manipulated food may be quite satisfactory, e.g., a small coconut grown on a bush may be nutritionally useful.
- 20) Fats are generally more dense and thus may be useful in space, but consideration must be given to possible lack of exercise.
- 21) Complex carbohydrates should be adequately available as a rate-controlled energy source.
- 22) Minerals may be supplied by recycling from waste.
- 23) Investigate possible prior studies of nuclear submarine environments.
- 24) Grasses are efficient biomass, but their high cellulose content requires conversion.
- 25) In a closed environment, persons may turn to food as means to avoid stress, and certain food characteristics such as appearance may become magnified in the mind.
- 26) Legumes are especially useful in that they are able to fix nitrogen, but they may be difficult to grow in space, unlike grasses; perhaps, "artificial" legumes may be grown.
- 27) Genetic engineering technology is sufficiently far along to be available for long-term space travel.
- 28) Food processing activities which depend on gravity may be more difficult, certainly different, but vacuum or low-temperature processes may be easier.
- 29) Polypeptides may be useful as a rate-controlled amino acid supply to the body.

- 30) Space limitations in space may preclude large conversion plants; also, chemical engineering expertise may not be available in space if needed for repairs.
- 31) Of all micro-organisms, fungi offer best possibility of successful utilization in space.
- 32) Chemical synthesis may be useful as a supplement, especially for amino and fatty acids.
- 33) Reliable production of food and water is critical, more so than conversion.
- 34) A low-humidity vehicle may have special problems, e.g., premature dryout of produce.
- 35) Acceptance of unconventional foods is more of a problem than meeting nutritional requirements.
- 36) Although production may be critical, conversion in space remains as the lag technologically in space; common mixing processes will not work in space, and a whole new set of machines will be required; recommend shuttle to test.
- 37) Lesser nutritional factors such as cholesterol are even more unknown in space and require careful monitoring.
- 38) Biological conversion to form triglycerides may be useful in space because triglycerides may be otherwise unavailable.
- 39) Interactions of nutrients with drugs may be a unique problem in space and require careful monitoring.
- 40) Development of unconventional foods may require sterilization or other special processes difficult in space.
- 41) Astronauts tend to lose calcium and potassium; NASA has research projects regarding these effects.
- 42) Illness affects food intake and electrolyte balance, and the impact of illness in space must be carefully monitored.
- 43) Plants all of which may be eaten may be more efficient for space utilization.
- 44) Processing has to be carefully chosen so as not to overly diminish bioavailability.
- 45) Cosmic radiation may cause mutations which lead to allergic reactions.
- 46) Another's eating style may be magnified into a problem in space.
- 47) Storage may be unbalanced by chemical additions.
- 48) Algae have thick walls and will require heavy processing.
- 49) Perception may be altered under space conditions; all psychological experiments performed on earth may have to be repeated in space.

- 12) Cultural backgrounds of space personnel should not be too different.
- 13) Unconventional foods should be considered from a cost-benefit ratio viewpoint.
- 14) Supplements will probably be necessary; recommend balance of natural and artificial foods.
- 15) Common foods such as bread require efficient production in space.
- 16) Stress may lead to electrolyte imbalances which in turn affect taste.
- 17) Different consumption patterns in space require study.
- 18) Astronauts may be less conventional if highly motivated, but beware of long term; in general, people are risk averse and favor traditional foods.
- 19) Manipulated food may be quite satisfactory, e.g., a small coconut grown on a bush may be nutritionally useful.
- 20) Fats are generally more dense and thus may be useful in space, but consideration must be given to possible lack of exercise.
- 21) Complex carbohydrates should be adequately available as a rate-controlled energy source.
- 22) Minerals may be supplied by recycling from waste.
- 23) Investigate possible prior studies of nuclear submarine environments.
- 24) Grasses are efficient biomass, but their high cellulose content requires conversion.
- 25) In a closed environment, persons may turn to food as means to avoid stress, and certain food characteristics such as appearance may become magnified in the mind.
- 26) Legumes are especially useful in that they are able to fix nitrogen, but they may be difficult to grow in space, unlike grasses; perhaps, "artificial" legumes may be grown.
- 27) Genetic engineering technology is sufficiently far along to be available for long-term space travel.
- 28) Food processing activities which depend on gravity may be more difficult, certainly different, but vacuum or low-temperature processes may be easier.
- 29) Polypeptides may be useful as a rate-controlled amino acid supply to the body.

- 30) Space limitations in space may preclude large conversion plants; also, chemical engineering expertise may not be available in space if needed for repairs.
- 31) Of all micro-organisms, fungi offer best possibility of successful utilization in space.
- 32) Chemical synthesis may be useful as a supplement, especially for amino and fatty acids.
- 33) Reliable production of food and water is critical, more so than conversion.
- 34) A low-humidity vehicle may have special problems, e.g., premature dryout of produce.
- 35) Acceptance of unconventional foods is more of a problem than meeting nutritional requirements.
- 36) Although production may be critical, conversion in space remains as the lag technologically in space; common mixing processes will not work in space, and a whole new set of machines will be required; recommend shuttle to test.
- 37) Lesser nutritional factors such as cholesterol are even more unknown in space and require careful monitoring.
- 38) Biological conversion to form triglycerides may be useful in space because triglycerides may be otherwise unavailable.
- 39) Interactions of nutrients with drugs may be a unique problem in space and require careful monitoring.
- 40) Development of unconventional foods may require sterilization or other special processes difficult in space.
- 41) Astronauts tend to lose calcium and potassium; NASA has research projects regarding these effects.
- 42) Illness affects food intake and electrolyte balance, and the impact of illness in space must be carefully monitored.
- 43) Plants all of which may be eaten may be more efficient for space utilization.
- 44) Processing has to be carefully chosen so as not to overly diminish bioavailability.
- 45) Cosmic radiation may cause mutations which lead to allergic reactions.
- 46) Another's eating style may be magnified into a problem in space.
- 47) Storage may be unbalanced by chemical additions.
- 48) Algae have thick walls and will require heavy processing.
- 49) Perception may be altered under space conditions; all psychological experiments performed on earth may have to be repeated in space.

- 50) Chemical synthesis may provide the nutrients required by micro-organisms which in turn may provide biological conversion of necessary foods.
- 51) Fortified amino acids may be toxic and require metering.
- 52) Minor dietary factors may be controlled by pills.
- 53) Recommend systems analysis for complex problem of feeding in space; GIST is an initial step.
- 54) Study populations which live on monotonous diets.
- 55) No objection nutritionally to moderate use of alcohol in space; may be advantageous.
- 56) Recommend fortification to maintain nutrient balance.
- 57) Supplement amino acid shortfall through synthesis or carry into space.
- 58) Energy-dense foods may be most useful in space; bulk is especially a problem with carbohydrates.
- 59) Genetic engineering may be especially useful in providing denser foods.
- 60) Unconventional animals are more difficult to accept than unconventional plants.

D. INFORMATION RETRIEVAL

The strategy for information retrieval is given in the following printout labelled RECALL 5RQF. See Section II.D. for definition of symbols; in addition, a single ? signifies that all words beginning with what precedes ? are included. Sets 1-16 are preliminary reference sets for which no citations are intended to be obtained. Consult Figure 2, where the set numbers in parenthesis are related to the rubrics as shown.

The strategy has been applied to AGRICOLA Lockheed DIALOG files 10 and 110. The results have been presented on magnetic tape and are also available in typed printout. The same strategy has been applied to CAB ABSTRACTS Lockheed DIALOG File 50, as well as to FOOD SCIENCE AND TECHNOLOGY ABSTRACTS Lockheed DIALOG file 51. These latter are available only in typed printout. A sample page of citations in file 10 follows the strategy printout.

.RECALL SRQF

Line Set Command

```

1 1 # NUTRITION
2 2 # FOOD? ?
3 3 # HUMAN? ?
4 4 # S1*S3
5 5 # S2*S3
6 6 # HUMAN(W)NUTRITION
7 7 # ACCEPTANCE
8 8 # S2*S7
9 9 # FOOD(W)HABIT? ?
10 10 # S9*PREFERENCE? ?
11 11 # DIETARY(W)HISTOR?
12 12 # HUMAN(W)FOOD? ?
13 13 # S2*SYNTH?
14 14 # UNCONVENTIONAL
15 15 # S2*PROCESSING
16 16 # S2*REFIN?
17 17 # SIMPLE(W)CARBOHYDRATE? ?
18 18 # COMPLEX(W)CARBOHYDRATE? ?
19 19 # S6*TRIGLYCERIDE? ?
20 20 # S6*ALCOHOL? ?
21 21 # S6*ESSENTIAL(W)AMINO(W)ACID? ?
22 22 # S6*ESSENTIAL(W)FATTY(W)ACID? ?

```

? P

Line Set Command

```

23 23 # NONSPECIFIC(W)NITROGEN
24 24 # S4*FAT(W)SOLUBLE(W)VITAMIN? ?
25 25 # S4*WATER(W)SOLUBLE(W)VITAMIN? ?
26 26 # S1*ELECTROLYTE? ?
27 27 # MACROMINERAL? ?
28 28 # S6*TRACE(W)MINERAL? ?
29 29 # S6*WATER
30 30 # S1*BIODAVAILABILITY
31 31 # S4*PROTEIN(W)QUALIT?
32 32 # S3*NUTRIENT(W)INTERACTION? ?
33 33 # S4*DIETARY(W)FACTOR? ?
34 34 # S8*TASTE? ?
35 35 # S8*SMELL? ?
36 36 # S8*TEXTURE? ?
37 37 # S8*APPEARANCE? ?
38 38 # S9*CONSUMPTION(W)PATTERN? ?
39 39 # S10*TIME? ?
40 40 # FOOD(W)COMBINATION? ?
41 41 # S9*MEASUREMENT? ?
42 42 # S11 *CULTURAL
43 43 # EATING(W)STYLE? ?
44 44 # CRAVING? ?

```

? P

Line Set Command

```

45 45 # S11*ALLERG?
46 46 # S8*HUNGER? ?
47 47 # S1*DIETARY(W)REQUIREMENT? ?
48 48 # S4*ILLNESS?
49 49 # S8*THIRST?
50 50 # S12*SOYBEAN? ?
51 51 # S1*WINGED(W)BEAN? ?
52 52 # PLANT(W)LEAF(W)PROTEIN? ?
53 53 # S5*CASSAVA? ?
54 54 # S12*BACTERI?
55 55 # S12*FUNG?
56 56 # S12*ALGAE
57 57 # S12*YEAST? ?
58 58 # S13*CARBOHYDRATE? ?
59 59 # S13*FAT? ?
60 60 # S13*AMINO(W)ACID? ?
61 61 # SYNTHETIC(W)POLYPEPTIDE? ?
62 62 # S2*S14*ANIMAL? ?
63 63 # S2*GENETIC(W)ENGINEERING
64 64 # S2*TISSUE(W)CULTURE? ?
65 65 # S8*S14
66 66 # S15*MILLING

```

? P

Line Set Command

```

67 67 # S15*DENSITY
68 68 # S2*SEPARATION*QUALITY
69 69 # S15*MOISTURE(W)CONTENT
70 70 # S15*EXTRACTION
71 71 # S15*STERILIZATION
72 72 # S15*DEHYDRATION
73 73 # S16*CLARIFICATION
74 74 # S15*MIXING
75 75 # S15*SHAPING
76 76 # S15*PORTIONING
77 77 # S15*ASSEMBLY
78 78 # S2*CONVERSION*COOKING
79 79 # S15*COOLING
80 80 # S5*HYDROLYSIS
81 81 # BIOLOGICAL(W)CONVERSION

```

?

17/3/1
 81088544 80749278 S/N 1871-440-896/219 Holding Library: AGB; AGB
 The Framingham diet study, diet and the regulation of serum cholesterol /
 W. Kannel and T. Gordon. -
 ; Diet and the regulation of serum cholesterol.
 Kannel, William B. Gordon, Tavia.
 Washington , U.S. Govt. Print. Off. , 1971. DISTRICT OF COLUMBIA
 1 v. (various pagings). --
 Framingham Study, an Epidemiological Investigation of Cardiovascular
 Disease.~ Section ;~ 24
 RM217.F7 F&N~ E-3453

17/3/2
 81054501 80002148 Holding Library: AGB
 Get a load of this
 Costill, David L.; Hisdon, Hal.
 New York, , New Times Communications Corp.
 The Runner v. 2 (8) , May 1980. p. 68,81-83. ill.
 GV1061.R8 F&N
 ISSN 0149-7316:

17/3/3
 81054218 80001863 Holding Library: AGB
 Obesity: The American disease
 Van Itallie, Theodore B.;
 Role of Nutrition in Chronic Diseases ~St. Louis ~1979
 Chicago, , Institute of Food Technologists.
 Food technology. v. 33 (12) , Dec 1979. p. 43-47. ill.
 389.8 F7398
 ISSN 0015-6639:

17/3/4
 79132660 79456566 Holding Library: FNI
 Low calorie bulking agents
 Beereboom, J.J.;
 West Palm Beach, Fla., , CRC Press
 CRC critical reviews in food science and nutrition v. 11 (4) , 1979.
 p. 401-413. ill., charts.
 ISSN 0099-0248:

18/3/1
 82075267 81101137 Holding Library: AGL
 Effect of simple and complex carbohydrate on lipogenic parameters of
 spontaneously hypertensive rats
 Michaelis, O.E. IV.; Martin, R.E. Gardner, L.B. Ellwood, K.C.
 Los Altos, Calif., , Geron-X.
 Nutrition reports international. v. 24 (2) , Aug 1981. p. 313-321.
 ISSN 0029-6635:
 NAL: RC620.A1N8

18/3/2
 82072690 81001918 Holding Library: AGB
 Very low-cost nutritious diet plans designed by linear programming
 Foytik, Jerry.;
 Berkeley, , Society for Nutrition Education.
 Journal of nutrition education. v. 13 (2) , June 1981. p. 63-66.
 charts.
 TX341.J6
 ISSN 0022-3182:

18/3/3
 82072686 81001914 Holding Library: AGB
 The Handy Five Food Guide
 Dodds, Janice M.;
 Berkeley, , Society for Nutrition Education.

1. Report No. NASA CR-166312		2. Government Accession No.		3. Recipient's Catalog No.	
4. Title and Subtitle Application of Guided Inquiry System Technique (GIST) to Controlled Ecological Life Support Systems (CELSS).				5. Report Date January 1982	
				6. Performing Organization Code	
7. Author(s) Henry Aroeste				8. Performing Organization Report No.	
9. Performing Organization Name and Address ACCORD 28254 Radcliffe Lane Los Altos Hills, CA 94022				10. Work Unit No. T5425	
				11. Contract or Grant No. P.O. A82705B & A89697B	
12. Sponsoring Agency Name and Address National Aeronautics and Space Administration Washington, D.C. 20546				13. Type of Report and Period Covered Contractor Final Report	
				14. Sponsoring Agency Code 199-60-62	
15. Supplementary Notes Robert D. MacElroy, Technical Monitor, Mail Stop 239-10, Ames Research Center, Moffett Field, CA 94035 (415) 965-5573 FTS 448-5573. The 6th in a series of CELSS reports.					
16. Abstract Guided Inquiry System Technique (GIST), a global approach to problem solving, was applied to the subject of Controlled Ecological Life Support Systems (CELSS). Nutrition, food processing, and the use of higher plants in a CELSS were considered by a panel of experts. Specific ideas and recommendations gleaned from discussions with panel members are presented.					
17. Key Words (Suggested by Author(s)) CELSS Guided Inquiry System Technique Higher Plants Nutrition Food Processing				18. Distribution Statement Unclassified - Unlimited STAR Category 54	
19. Security Classif. (of this report) Unclassified		20. Security Classif. (of this page) Unclassified		21. No. of Pages 23	
				22. Price*	

End of Document